

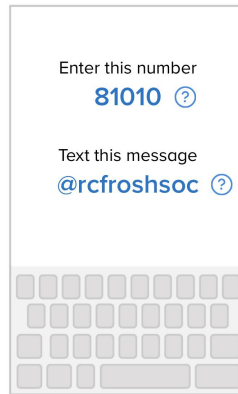
Rancho Cucamonga High School Boys' Soccer

Head Coach: Adan Jaime

Contact: adan.jaime@cjuhsd.net

Join the **Remind** group for updates

Text: @rcfroshsoc to: 81010



Participation Requirements

Check list

1. Get physical
2. Complete physical packet
3. Sign up on athleticclearance.com and upload physical
4. Turn in physical packet to Mr.Liu

In order to participate in any of the summer activities players will need to 1st complete their physical packets and get cleared by Mr. Liu, our Athletic Trainer.

Physical packets need to be turned into Mr. Liu.

Packet link:

<http://www.rchssports.com/physical-information.html>

The website used to submit physicals is <https://www.athleticclearance.com>

You will be able to upload your athlete's physical directly to this website by scanning/ uploading from a computer or by taking a picture/ uploading from a cell phone.

Incoming Freshmen I.D. Camp - Tryouts

Dates: June 6, 7, and 8

Time: 1:30-3:00pm (times might change)

Location: Stadium

The Freshmen ID camp gives our coaching staff a better opportunity to see what you can do. In addition, the advantage of coming out is that if we feel you are ready to form part of our program you will be recommend to join our 6th period soccer class.

If you can't make the Freshmen I.D. Camp your next/last tryout opportunity will be at our **September Tryouts** - All Grade Levels

Dates: Sept. 4-7

Times: 4th (5:30pm-7:30pm), 5th (2:30pm-4:30pm), 6th (5:30pm-7:30pm), 7th (2:30pm-4:30pm)

Location: Stadium

Time and location may change

