



Rancho Cucamonga High School

11801 Lark Drive, Rancho Cucamonga, CA 91701 (909) 989-1600 Fax (909) 945-5355

Practice Schedules September 2017

<i>Fall</i>	<i>Head Coach</i>	<i>Practice Schedule</i>		
FOOTBALL	Nick Baiz	Varsity/JV	M, T, Th	2:45-5:45 pm
		Freshman	W	6:00-8:30 pm
WATER POLO	Bosko Dimic	Varsity	M-F	1:30-4:30 pm
		JV	M-F	1:30-4:00 pm
		Fr	M-F	1:30-4:00 pm
X-COUNTRY B&G	Terry Tierney	All Teams	M-F	1:30-4:00 pm
		Varsity	Sat	7:00-9:30 am
VOLLEYBALL	Jodi Postlmayr	Varsity	T, F	6:00-6:45 am
		JV	M-F	1:30-4:30 pm
		Freshman	M-F	1:30-4:30 pm
TENNIS Girls	Daniel Moisa	All Teams	M-F	1:30-4:30 pm

<i>Winter</i>				
BASKETBALL Boys	Bill Burke	All Teams	M-F M & W	6 th Period class 5:00-9:00 pm
WRESTLING	Nico Phillips	All Teams	M-F	6 th Period class
SOCCER Boys	Adan Jamie	Tryouts	All Players	Sept 5, 6, 7, 8 2:45-5:00 pm
BASKETBALL Girls	Joe Molnar	All Teams	M-F T & Th	6 th Period class 5:00-9:00 pm
SOCCER Girls	Chris VanDuin	All Teams		Tryouts Sept 18, 19 & 20 Practice Daily 6 th period class
WATER POLO Girls	Bosko Dimic	All Teams	M-F	1:30-4:30 pm
		Tryouts	Oct 26, 27	4:00-6:00 pm

<i>Spring</i>				
BASEBALL	RJ Farrell	Tryouts	Sep 11, 12, 13	2:45 – 5:00 pm
		Returning players	Study Hall-Weight Room	T,Th 5:00-7:00 pm
		Work Outs		M-Th 2:45-4:00 pm
TRACK	Dominique Holloway	All athletes	Practice	Daily 6 th period class M-F 2:30-4:00 pm
SWIMMING	Bosko Dimic			Tryouts: 1 st week of December 2017
SOFTBALL	Mike Lindensmith	All Teams	M-Th	6 th Period class
		Tryouts	F	Study Hall
			T, W	9/12, 13 2:45-5:00 pm
				9/19, 20 2:45-5:00 pm
				9/26, 27 2:45-5:00 pm
GOLF	Nick Baiz			Tryouts: 1 st week of December 2017 Contact Coach for Details
TENNIS Boys	Craig Flint			Practice Daily 6 th period class Tryouts: 1 st week of December 2017 Contact Coach for Details